

Reflection Questions:

- Why do you think that Jesus used such simple elements to describe the Christian life?
- What do you find most compelling about the two examples that Jesus uses here?
- What other properties of salt and light do you think of that connect to the Christian life?
- Would you describe your life as filled with salt and light?
- Would others describe your life as filled with salt and light?
- What other pictures of Saltiness and Light have you seen?
- Where is the salt and light in your life right now?